## EMPOWERING OUR TALMIDIM with POSITIVITY and RESILIENCE

## TOPICS

- ואני אבטח בך Teaching Emuna and Bitachon in the classroom
- טראכט גוט How to keep a positive mood in challenging times
- דאגה בלב איש ישיחנה Encouraging students to open up and tips to empower them
- א טפח העכער Cultivating a serene environment and wholesome living



## **PRESENTERS**



Rabbi Michoel Gourarie

Veteran mechanech and Director BINA - Sydney, AU

WEDNESDAY, 17 CHESHVAN 8:30 - 9:30 PM



Rabbi Nachman Yosef Twersky

Maggid Shiur Oholei Torah Crown Heights Mashpia

WEDNESDAY, 24 CHESHVAN 8:30 - 9:30 PM



Rabbi Yosef Shagalow

Chassidishe psychologist and lecturer

WEDNESDAY, 2 KISLEV 8:30 - 9:30 PM



Rabbi Sholom Mordechai Rubashkin

Inspirational Mashpia -Monsey, NY

WEDNESDAY, 9 KISLEV 8:30 - 9:30 PM

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